# E-Bones W

Read carefully instruction before installation

# <u>Frame preparation</u>

Prepare BB shell:

- Make sure that seegers are properly installed inside BB shell grooves.
- 2) Moisture draining: drill Ø 3.5 to 5mm drain hole.

Stagnant moisture or water will damage bearings in few weeks.

Drilling might be not necessary only on sealed BB shell of
monocoque frames.

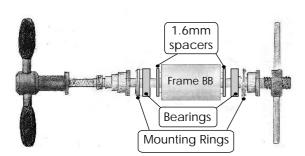
WARNING: Uncorrect / incomplete 1,2,3 set-ups can significantly reduce bearing life and performance.

# <u>drive Crank preparation</u>

Assemble chainrings on the right crank.

On 3x9 MTB models apply granny spacers (orange) between 22 chainring and spider (pict.1).

Respect chainring alignment marks for correct shifting performance.





Compatibility:

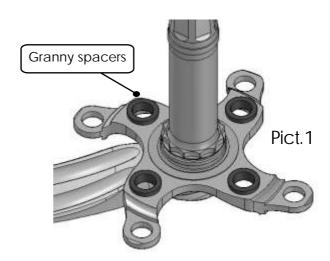
BB 91-42 68mm wide bb shell (42mm bore)

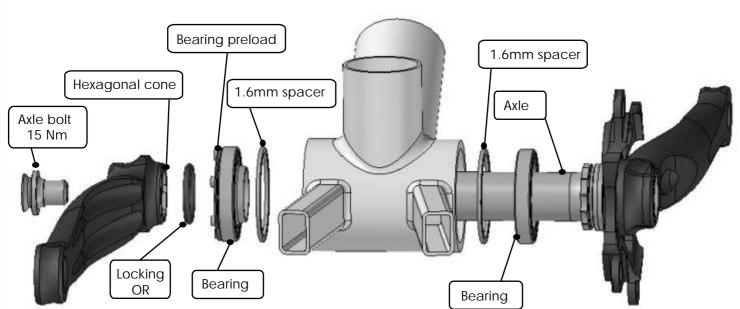
Chainline: 48.7mm Q-Factor: 160mm

BB 91-47

Destination: X-Country use.







#### <u>Installation</u>

Check all parts very well cleaned, especially male/female of Hexagonal Cone, Axle bolt and thread.

- 1) Insert left & right supplied 1.6mm spacers inside BB shell in contact with seegers (see frame preparation).
- 2) Install Bearings using a common headset installation tool with the supplied Mounting Rings to protect bearing races. Position Mounting Rings (flat sides outward) between bearings and the headset installation tool.
- 3) Press-fit Bearings. Remove Mounting Rings.
- 4) Grease threads, bearings contact areas and Hexagonal cone.
- 5) Insert right crank axle through bearings.
- 6) Fully turn in (counterclockwise) bearing preloader (FIRM direction) by hand, then loose it (clockwise) 1/4 to 1/2 turn.
- 7) Insert Locking OR on axle.
- 8) Align left crank on axle, grease bolt head contact area and tight it (15Nm).
- 9) Check bearing preload (see next page).

EXTRALITE

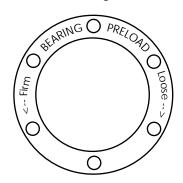
# Bearings preload

Bearing preloader allows you to adjust axial preloading. Use supplied tool to adjust preloader after complete crank assembling.

Use it as follows:

<-- FIRM to correct axial play.

LOOSE --> to increase rolling smoothness.



Shake crank-end to check BB play.

Optimal tuning cancels axial play without adding any rolling resistance.

WARNING: incorrect bearing preload may seriously damage bearings/parts and decreases performance.

### <u>removal</u>

To disassemble crankset proceed as follows:

Unscrew axle bolt. Remove left crank using ISIS type extractor only. WARNNG: JIS extractors may damage axle thread! Fully unscrew (clockwise) Beairng preloader (Loose direction). Extract right crank and axle.

